ACST
Course Info and Agenda

About the course

This practical, interactive two-day course helps you build confidence in handling challenging conversations based on realistic scenarios you may face in your own practice.
Working with trained actors, you'll be asked to take an active part throughout and will need to attend both days.

No acting skills are required as you'll simply play yourself in a communication scenario that you've chosen from your own practice. Through discussion, role play and guided reflection, you'll explore communication theory and, importantly, have the chance to put it into practice.

The course structure may vary slightly depending on group size, but the key content will remain the same. Your learning will be shaped around your individual needs, helping you take away practical skills and insights that you can apply in your own role.

Day 1:

08.30 – 09.00	Registration and welcome
09.00 – 10.00	Ground rules and principles
10.00 – 10.30	**Coffee break**
10.30 – 11.30	Refresher of communication skills
10.30 – 12.00	Role play introductions
12.00 – 12.45	**Lunch**
12.45 – 13.00	Introduce actors and principles refresh (delegates will be split into groups for the pm session)
13.00 – 14.00	Role play and reflection with actor
14.00 – 14.30	**Coffee break**
14.30 – 15.30	Role play and reflection with actor
15.30 – 16.30	Debrief as a group

Day 2:

08.30 – 09.00	Registration and welcome
09.00 – 10.00	Reflection on Day 1 learning (delegates will be split into groups for the am and pm sessions)
10.00 – 10.15	**Coffee break**
10.15 – 11.15	Role play and reflection with actor
11.15 – 11.30	**Coffee break**
11.30 – 12.30	Role play and reflection with actor
12.30 – 13.00	**Lunch**
13.00 – 14.00	Role play and reflection with actor
14.00 – 15.00	Role play and reflection with actor
15.00 – 16.00	Coffee and debrief as a group